

RADHASOAMI DAYAL KI DAYA RADHASOAMI SAHAI

# OVERSEAS BULLETIN

(QUARTERLY)



*Dominus Illuminatio Mea*

Let us work like humble servants of the Supreme Father.

Let us live like dutiful children of the Supreme Father and

Let us love each other like earnest devotees of the Supreme Father.

*(Gracious Huzur Sahabji Maharaj)*

**Volume LIV No. 4 Friday, 31 December 2021 (Oct-Dec)**

So long as one does not develop faith in the Satguru and does not awaken attachment for Him and does not achieve success in the repetition of the Holy Name, no contact with Shabda would be established. The Satguru is the Human Form of Merciful Radhasoami Himself. Contemplation of His Form is nothing but an effort to come into contact with the Nij Swarup (Original Spiritual Form) of the Supreme Lord. And Radhasoami Name is such a true and real Name that if one constantly repeats it internally within himself, his contact will be established with the Nij Nam. Of course, there are hundreds of well argued and effective replies which can be given to people who say that we have coined a new name 'Radhasoami', but for Satsangis merely telling them by word of mouth would convince them more than all the arguments. In fact, one should have such love for the Merciful Satguru as the Chakor has for the moon and the Papiha has for the Svanti rain. Only then will the path within the devotee be opened up and the secret of the Higher Regions would become manifest. One should keep his attention concentrated in that direction all the twenty-four hours.

**(Extract: Selected Bachans of Param Guru Maharaj Sahab: 8)**

When a person develops great fondness and love for the Sant Satguru and His Satsang on listening to His Discourses and about His glory, his attachment for his body, family and kinsmen, wealth and property and enjoyments of the world etc. would be immediately reduced and attachment for the Holy Feet of Merciful Radhasoami would immediately develop and the more joy he gets internally by performing the practices, the more would his attachment go on growing day by day and then that person would begin to behave, without much effort, in accordance with the orders of the Satguru and the mauj of the Lord and the defects of his mind and senses and old prejudices and predilections and karmas and delusions would soon be removed and very little obstruction would be caused by mind and maya in his practices and his past and future karmas also would easily be eradicated with the help of Lord's Grace and Love.

**(Extract: Prem Patra III, Discourse 25, para 6)**

ON THE AUSPICIOUS OCCASION OF THE BHANDARAS OF  
**PARAM GURU MAHARAJ SAHAB** (17-10-2021) &  
**PARAM GURU HUZUR MAHARAJ** (26-12-2021)  
THE OVERSEAS BULLETIN OFFERS ITS OBEISANCES AND DEDICATES THIS ISSUE  
AT  
**HIS LOTUS FEET**

**SELECTED BACHANS  
OF  
PARAM GURU MAHARAJ SAHAB  
APPENDIX  
VERSES IN PRAISE OF SADHS**

चौपाई

निज गुन भाट जगत बहुतेरे	
पर गुन ग्राहक नर न घनेरे	1
जे छिन छिन निज गुन उच्च रहीं	
समय परे पर कछु नहीं करहीं	2
ममता त्यागि करे जो करनी	
सपने अहंग चित्त नहीं धरनी	3
पर गुन जिन रवि उदय समाना	
निज आचरन खद्योत निमाना	4
सत्य साधु करनी तिन केरी	
ज्ञान मूर मय सुखद घनेरी	5
शशि सम शीतल बैन सुबैनू	
श्रवण परत उर पावत चैनू	6
बड़े भाग अससाध सुसंगू	
कलमलहरन मोह मद भंगू	7
अविरल भक्ति प्रेम मन लावन	
गुरु चरनन चित उमँग बढ़ावन	8

**Translation:**

- There are many people in the world who praise their own virtues, but there are not many who appreciate the virtues of others. (1)
- Those people who constantly talk of their own virtues, are incapable of accomplishing anything when time for action comes. (2)
- Those people who discard all attachments and engage in spiritual activities, do not, even in dream, entertain pride. (3)
- Such people look upon the virtues of others as they look upon the rising Sun, and their own virtues appear to them to be insignificant as glow-worms. (4)
- The activities of such people are inspired by truth and righteousness and are based on true knowledge, and lead to happiness. (5)
- The sweet words they utter impart comfort and calm like moonlight and on hearing them, the heart is filled with peace. (6)
- It is rare good fortune to get the association of such Sadhs as are described above. Their association removes the impurities of Kala and destroys worldly attachments and egotism. (7)
- Such association develops devotion and love in a man's mind and increases his eagerness to sit at the Feet of the Guru. (8)

## **SELECTED BACHANS OF PARAM GURU MAHARAJ SAHAB**

53. It is necessary for Satsangis to do manual labour. Some Satsangis complain that they are given so much office and other work that they get little leisure for Paramartha activities, but this has a significance. The essence of whatever a man eats and drinks reaches his Manakasha. After having reached there, it comes down just as snow first changes into water and then takes the form of a cloud which thereafter rains and again becomes snow. In the human body, there are some channels which are broad and some which are narrow like those in a fountain. When this essence comes down, it brings down with it some spirituality also. If that essence turns into the direction of broad channels, not only would spirituality be wasted but its natural characteristics would also fade. Hence, the devotee should do some hard work with hands and feet so that this essence may flow out through narrow channels and there may be less waste of spirituality, just as water is filtered through a piece of thin cloth. Besides this, if a man does hard physical work and then engages in Paramartha, his mind would get concentrated better and it would also become humble.

### **PREM PATRA - II**

#### **HIS HOLINESS HUZUR MAHARAJ (12)**

One should attend Satsang and perform spiritual practices carefully and thus engender interest and eagerness for Paramartha in his mind so that his object may be achieved

1. As the Radhasoami Faith is a religion which aims at making the Jivas reach the Holy Feet of the Supreme Being and finding abode in His Region, Merciful Radhasoami Himself is the Protector of this Religion and the Sustainer of those Jivas who join this Faith in all sincerity and He Himself makes them reach the Original Abode. Without the Grace of Merciful Radhasoami, nobody can join this Faith in all sincerity, nor can he continue to perform the practices of the Faith properly.

2. If people come to the Satsang and listen attentively to the discourses there without any prejudice and do not try to judge it with the standards of their learning, intellect or cleverness, they can understand this Faith very well by attending Satsang for a few days and all their doubts and delusions can be removed. Under these circumstances, those people who are sincere seekers and have an earnest desire for Paramartha and whose mind has to some extent become detached from the world after seeing its condition, would definitely become happy on listening to the Bani and the discourses of Merciful Radhasoami and would feel quite satisfied on getting the joy of Satsang internally. Merciful Radhasoami would admit such people in His Satsang and those people would begin performing the practices after learning the secret of the path and the method.

3. But even if those Jivas who have no Adhikara, i.e. who are not earnestly desirous of Paramartha, come to the Satsang by accident, they would not give up prejudices of the religion of their ancestors and, interpreting the Bani and discourses of the Saints in different wrong ways, would not understand them. Such Jivas may come to the Satsang once, twice or thrice but on coming out from there, they would calumniate the Religion of Saints because of their low intellect and beliefs. Such people are not fit to be admitted into the Satsang but the seed of Paramartha would be implanted in their hearts also, and as soon as the load of their karmas gets lighter to some extent, that seed would germinate, i.e. those Jivas would again come to the Satsang and would listen to the discourses carefully and have faith in them and would perform spiritual practices to some extent.

### **SOUVENIR - PARAM PURUSHA PURAN DHANI HUZUR MAHARAJ**

61. Huzur Maharaj made the Path of Devotion easy, in as much as, through His Mercy and Grace, He trained Satsangis to regard the Satguru as Father and themselves as His sons to start with. He gave them encouragement and showered His Mercy and Love on them and treated them with forbearance and forgiveness just as a Father treats his children. He overlooked their shortcomings. They would thus stick to His Feet playing like children in the lap of their father. The devotees, watching His Mercy and Grace, felt grateful and humble and remained ever enraptured.

62. Huzur Maharaj instructed the devotees in different methods of concentrating the mind during Abhyasa, thus leading to extreme ecstasy and bliss. He emphasized the importance of concentrating attention inwardly on higher regions mentioned in the Sabdas recited in the Satsang in order to help the spirit in inward withdrawal and ascent.

## **REGIONAL NEWS (October - December 2021)**

**Bhandaras:** The Bhandaras of Param Guru Maharaj Sahab and Param Guru Huzur Maharaj were celebrated with zeal & devotion on Sunday 17<sup>th</sup> October 2021 and Sunday 26<sup>th</sup> December 2021 respectively at Branches, Centre, Area Satsangs, MPGs in video mode and in audio mode by individuals.

**CRC, Superman, Other student activities:** Students learnt '*Hey Dayal*' and '*Tamanna*' in Sanskrit and continued to learn the life history of our Revered Leaders. *Path* Practices in Hindi and Sanskrit were held together with Bachan recitation. Students Satsang commenced fortnightly in London Satsang Ghar. Crafts & cooking sessions were held for Children where they made paper lanterns, decorative wall hangings and baked Christmas cakes. Superman category children continued to practice self-defence PT on Sundays.

**Mahila Association:** All Mahila Associations continued skills development classes e.g. cooking, embroidery, knitting, etc. Weekly yoga and PT sessions continued and on the occasions of Bhandaras garlands were made and meals prepared for Preeti Bhoj. As directed by Sabha, Mahila Associations are to become '*Vibrant Entities*' and towards this goal all Mahila Associations held meetings of the General Body / Office Bearers to draw up action plans.

**SPHEEHA:** The Annual Drawing & Painting competition was held for students up to class 12 on December 5, 2021, with the aim of raising awareness about nature and the environment. In total, 61 children at 15 locations participated enthusiastically under different themes: *Water Conservation, Environmental Sustainability, Agroecology, Health Care Habitat*, etc. The President, DRSAE, opened the event with an address to the students advising them to follow the ambrosial Bachan of Huzur Mehtaji Maharaj "Waste nothing...".

**AAFDEI:** Job placement has been a key focus area with emphasis on counselling, CV writing and interview techniques. On November 28, 2021, a workshop was held across the Region to '*intensify*' efforts for improving further placements. On December 4, 2021, a Survey was issued to Europe members to share views on AAFDEI activities for 2022.

**Open Day:** London Branch hosted an Open day on October 24, 2021, for the local community to visit the newly acquired Satsang Ghar. This was an excellent opportunity for the community to learn about Satsang culture and Radhasoami Faith. In total, 35 visitors attended including office-bearers of the local Parish Council and former Christian worshippers at the Church. Tea & snacks were served and good community relations were developed.

**Region:** Meetings of the Governing Body & General Body were held on October 29, 2021, and November 14, 2021, respectively to pass the Annual Budget and Annual Report. The Budget was subsequently presented at the meeting of the Sabha held on December 25, 2021.

**International Agroecology Centre (ICA):** By the Immense Grace of Huzur Radhasoami Dayal, the Old Bridge, Pension Road property in New Jersey, USA, has been declared as the International Centre for Agroecology (ICA).

A curtain raiser program for launching of the ICA was held on November 11, 2021. This included a panel discussion on a Plan of Action to take the proposed ICA forward in accordance with the Gracious Mandate.

The Europe SPHEEHA coordinator made preliminary contact with Mr Nova Bhojwani, ICA, New Jersey, on Agroecology initiatives that can be pursued in Europe. These will be developed further in the next quarter. In addition, Europe region funds will be allocated for ICA projects in Toronto in the budget planning cycle for next year, as guided by Sabha.

### **Information about the Overseas Bulletin**

The Overseas Bulletin is issued for private circulation only. It is published by the (Dayalbagh) Radhasoami Satsang Association of Europe, registered as a charity in England and Wales (charity No. 1113327). The annual subscription for subscribers accessing thee-Bulletin living in UK is £2.00 and for continental Europe €2.50.

For further information, please contact PBN. Shashikala Panchagnula, 165 Gadebridge Road, Hemel Hempstead, HP1 3EP, England.

Telephone: 44(0)1442 250049 /44(0)7737862498. Email: [overseasbulletineditordrsae@gmail.com](mailto:overseasbulletineditordrsae@gmail.com)