RADHASOAMI DAYAL KI DAYA RADHASOAMI SAHAI

(QUARTERLY)



Dominus Illuminatio Mea Let us work like humble servants of the Supreme Father. Let us live like dutiful children of the Supreme Father and Let us love each other like earnest devotees of the Supreme Father. (Gracious Huzur Sahabji Maharaj)

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The Mercy and Grace of Radhasoami Dayal on the denizens of this world are simply indescribable. He has been pleased to descend to this plane and sojourn here in human form, only with the object of benefiting the jivas (unemancipated souls). He has neither attachment nor need of any of the objects of the world. He, in His Mercy, creates needs for Himself, and the devotees in their love for Him make all kinds of sacrifices to provide for them. The consequence is that while, on the one hand, the main needs of the Satsang Community are thereby easily provided for, on the other hand, the devotees, instead of indulging in pride and other undesirable tendencies of the mind, are enabled to develop feelings of reverence and gratitude for Him for having been afforded opportunity of doing service to their Supreme Father. Clearly, this arrangement not only renders the devotees eligible for receiving Divine Grace in a larger measure, but also adds to comforts and prosperity of the Satsang community.

(Extract: Param Guru Huzur Sahabji Maharaj: Table Talk - XCVIII)

"Fortunate are those Satsangis who have even once had the Darshan of the Sant Satguru internally. Next in descending order are those who have been able to get manifested in themselves the form or Shabda of any plane. Next to them come those persons who do the darshan of the Human Form of Sant Satguru with love and devotion. To attain these things, the performance of seva is essential. Whoever has once attained this status whether by seva, cajoling and flattery or in any other manner, even if he leaves the performance of Sumiran and Dhyan receives jolts of the world or whatever be his condition due to the turmoils and rigours of the world, has his emancipation ensured."

(Extract: Param Guru Huzur Mehtaji Maharaj: Bachan- 89)

ON THE AUSPICIOUS OCCASION OF THE BHANDARAS OF PARAM GURU SAHABJI MAHARAJ (06-02-22) AND PARAM GURU MEHTAJI MAHARAJ (09-03-22)

THE OVERSEAS BULLETIN OFFERS ITS OBEISANCES AND DEDICATES THIS ISSUE

AT

HIS LOTUS FEET

SELECTED SHABDAS NO. 30

	आई	आज गुरु बात टेक	
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बिन गुरु प्रीती काज न सरिहै	I	बिन प्रीती को कमर बँधात	२
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सहज सहज घाट में पग धारूँ	Ι	सहस कमल त्रिकुटी सुन घाट	९
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अलख अगम लख निज घर पाऊँ	I	राधस्वामी सतगुरु की निज दात	११

Translation:

I have understood the teachings of the Guru only now.

The Real Abode is situated far away. The path is hard to negotiate, and I have not the strength within me to traverse it. 1

Without Love for the Guru the task cannot be accomplished. Without this Love who can give strength for this difficult journey? 2

Listen with attention to what the Guru says because the Guru gives only that advice which is particularly beneficial. 3

Never turn your face from performing spiritual activity, as far it be possible for you. 4 Without performing spiritual practices, one cannot engender internal spiritual strength and how can one proceed on the path without strength! 5

Without moving forward on the path, the Home would ever remain distant, and Kala and Karma would create difficulties all the time. 6

To my good luck my spirit has become the beloved of the Lord and the Satguru has come and met me as a Protector. 7

Now I carefully engage in spiritual activity daily so that my progress may continue day and night. 8

Step by step, I would progress internally and reach Sahasdal Kamal, Trikuti and Sunn. 9

And passing through these and Bhanvargupha and harmonizing with the sound of Bin, I would enter Sat Loka. 10

After passing through Alakh and Agam, I would reach the Real Abode through the special Grace of Merciful Radhasoami, our Satguru. 11

PARAM GURU HUZUR SAHABJI MAHARAJ'S DISCOURSES DELIVERED IN SATSANG, SATSANG KE UPDESH PART III, BACHAN -150

If the teachings of Satsang may generally be accepted and adopted, all the troubles of the world would automatically disappear. As Satsang lays great stress on equality, it is therefore essential for the propagation of the teachings that the Leader of the Satsang should be such a Personality as would treat the rich and the poor, the white and the black equally. Other members of the society cannot learn the lesson of equality without the Leader of the Satsang acting on it. When the Leader of the Satsang would act like this, all the members of the Sabha would also have to be impartial. Just as in former times good-natured and capable people of the world used to come to the courts of Princes and Potentates when they heard stories about their good nature and noble ideas, in like manner philosophers and reformers of the world would join the Satsang on hearing about the Satsang teachings, about equality and organization of life in Satsang on the basis of equality and they would be responsible for the publication of literature which would spread peace, happiness and equality in the world instead of the useless and sensational stories of the present day and thus when there would be house to house publicity of the principles of equality, lives of men and women would become happier and the present-day rules and laws which have been the cause of general distress in which men and women find themselves, would be annulled and everyone would get an opportunity to lead a life of sufficient freedom. The principles of the Satsang do not teach tyranny or violence, nor do they advise deprivation of anybody of his wealth or property. All men, to whatever religion or race they may belong, are entitled to lead a life of perfect freedom provided they do not prove to be harmful to others.

SELECTED BACHANS OF PARAM GURU MEHTAJI MAHARAJ - 40

"In today's Shabda you must have heard, Shabda ko suno band kar sarwan (listen to the Shabda after closing your ears). It implies that the instrument of hearing which you possess should first be shut from outside so that the external sound is not heard. If the ladies and children on this side and men and boys on that side, make noise and if ears remain open the sound entering the ears from both the sides will clash as a result of which far from hearing the internal sound even Shabda which is being read will not be audible. If you sit quietly the words of the Shabda would be heard properly and if your attention is concentrated adequately internally then the sound emanating at creation in the Universe would be automatically heard by you. You must have observed that when somebody is talking on the telephone and people nearby begin talking, he will not be able to listen to the telephone clearly. Similarly, the outside noise and disturbance seriously affect the reception of the wireless. Considering all this, how sinful it is to make noise in Satsang during the recitation of the Shabda and how great is the impertinence in the Holy Feet of Huzur Radhasoami Dayal."

REGIONAL NEWS (January - March 2022)

Bhandaras: The Bhandaras of Param Guru Huzur Sahabji Maharaj and Param Guru Huzur Mehtaji Maharaj were celebrated with love and devotion on Sunday 6th February 2022 and Wednesday 9th March 2022 respectively in all Branches, Centres, Area Satsangs and MPGs in Europe via video mode and in audio mode by individuals.

Basant and Holi: Satsang Festivals of Basant and Holi were celebrated in all Branches with zeal, enthusiasm, and fervour. London Branch held Basant sports for various age groups followed by a Cultural Programme. Hamburg Branch organised variety of events in virtual mode; viz, a Quiz, Antakshari, Rangoli competition, Fancy dress and Baby show.

Special Occasion: On the auspicious occasion of the Birthday of Most Gracious Huzur, the Region was Blessed with special prasad of Gujias received from Dayalbagh for distribution to all initiated Satsangis.

CRC, Superman, Other student activities: CRC children of the Region participated in the Annual CRC Function held on 13th March with Dayalbagh in virtual virtuous mode where they recited the path "Bhag mere jage bhaari." and performed on a stanza in the common action song "Agroecology ki kahani".

Birmingham Branch CRC children celebrated Education Day on 1st January 2022 with seminars and presentations on various educational topics. All Children of the Region continued to learn various *Paths* in Hindi and Sanskrit and learning to chant the ultimate supreme name in the new format '*RA-DHA-SOA-AAH-MI*' ($\overline{V} - \mathcal{U} - \overline{V} - \mathcal{H}$).

Mahila Association: All three Branches continued their activities of skills development e.g. knitting, cooking workshops, Lathi PT, self-defence and yoga classes. Hamburg Branch held knowledge sharing talks on *Healthcare tips for Women* and *Nutrition for Children*. All three Mahila Associations submitted progress reports to Sabha for the period 1.11.2021 to 28.2.2022 to ensure that *vibrancy* of Mahila Associations is progressively increased.

SPHEEHA: Europe Region established contact with Toronto ICA to progress two initiatives. Firstly, in relation to funding, DRSAE shall contribute funds towards Toronto ICA activities. Toronto ICA shall advise on the level of funding after approval from Dayalbagh. Secondly, an opportunity has arisen for a volunteer from DRSAE to provide technical support to Toronto ICA in computer programming and computational applications. Suitable candidates are being evaluated by Toronto ICA.

AAFDEI: For Job placement, six candidates were provided Counselling, CV improvement and Job Interview practice. A selection of short videos to help with interview techniques has been compiled. To understand 'Where are the Job opportunities?' and 'What skills are in demand?', two presentations were held during the quarter. The first on 23rd January on 'Jobs in IT/Tech Sector' delivered by guest speaker Mr Rahul Kumar, Group CIO ArcelorMittal and the second on 27th February on 'Jobs in the Healthcare Sector' by several Satsangi healthcare professionals in the Region.

Scouts Visit to London Satsang Ghar: London Branch arranged a tour of the Satsang Ghar for twelve local Scouts on 20th February 2022. Message of Huzur Mehtaji Maharaj and precept of Huzur Sahabji Maharaj were displayed. London Branch CRC students commenced proceedings with the prayer song "*All Gracious Ever Merciful Lord…*" followed by videos on '*Dayalbagh Way of Life*' and Param Guru Huzur Sahabji Maharaj's address at the Scouts Mela held in Dayalbagh in 1935. There was good interaction programme between the scouts and CRC children which included a small quiz from the videos seen and messages from banners, a Q/A session, and a short talk about scouts' activities in general. The event ended with tea and snacks for all.

Region: Meetings of the Governing Body and General Body were held to pass the Annual Accounts of the Association. Upgradation of the toilet block at Birmingham Satsang Ghar took place.

International Agroecology Centre (ICA – New York): The ICA Trinity team submitted an abstract titled "Evaluating wetland easements for restoration success" for the 2022 Joint Aquatic Science Meeting scheduled in May 2022 in Grand Rapids. With much Grace the paper was accepted. The wetland delineation review process was conducted by New Jersey Department of Environment Protection (NJDEP) and we are in the final stages to receive a Letter of Interpretation (LOI). Based on Guidance received a construction committee of ICA Trinity has been established and initiated the prelim feasibility and design of the single-family dwelling at Old Bridge. Based on Guidance received instrumentation around increased solar radiation is being explored and coordinated with team at Dayalbagh. Regular daily Satsang continued in Audio Video mode at ICA.

Information about the Overseas Bulletin

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For further information, please contact PBn. Shashikala Panchagnula, 165Gadebridge Road, Hemel Hempstead, HP1 3EP, England.

Telephone: 44(0)1442 250049 /44(0)7737862498. Email: overseasbulletineditordrsae@gmail.com