OVERSEAS BULLETIN

(QUARTERLY)



Dominus Illuminatio Mea

Let us work like humble servants of the Supreme Father.
Let us live like dutiful children of the Supreme Father and
Let us love each other like earnest devotees of the Supreme Father.

(Gracious Huzur Sahabji Maharaj)

Volume LV No. 2 Thursday, 30 June 2022 (April-June- 2022)

In the Durbar of the Saints, one should not only admit his fault but should also realize his fault and pray for forgiveness and praying for forgiveness does not mean praying merely by word of mouth but means praying internally from the bottom of one's heart. If there is a feeling of deep repentance, whether one asks for forgiveness orally or not, forgiveness is immediately granted by the Lord. In fact, jiva is helpless and is bound to commit faults. He therefore commits faults. However, he should do at least this much that he keeps watch over his mind. And Satsangis definitely come to know that they have committed a particular fault. One should therefore at once pray for forgiveness with a sincere heart; he would then be forgiven immediately as has been said,

Jō nazar apne qasūrōon par kare, Jald pūrā hōve rāsta tay kare. (Whosoever keeps an eye on his faults, soon attains perfection and reaches his destination.)

In reality, this attitude is very helpful in paramartha; rather paramartha depends entirely on this kind of attitude. If anyone says that a particular fault has been committed by him because of his karmas, the karma committed by him would certainly be his fault, if he does not sincerely feel repentant after committing the fault.

(Extract: Param Guru Huzur Sarkar Sahab: Selected Bachan -29)

The greater the uneasiness one feels in his mind, the greater is the paramarthi benefit. For when one does not feel any interest in paramartha and feels that there is no progress and at the same time finds that his worldly condition also is bad, he becomes extremely uneasy and makes all sorts of efforts but all these efforts seem to be of no avail. At that time, one feels a sort of exhaustion and accepts defeat. When this becomes his condition, he automatically becomes humble and when he becomes humble, the Supreme Lord definitely showers His Grace. Thus the Lord's Grace is continuously showered on the devotee whose mind is filled always with sadness, so much so that he does not bother at all about the condition of his body or mind. In a way, he sacrifices them on the Lord.

(Extract: Param Guru Huzur Sarkar Sahab: Selected Bachan -24)

ON THE AUSPICIOUS OCCASION OF THE BHANDARA OF

PARAM GURU SARKAR SAHAB (10-04-22)

THE OVERSEAS BULLETIN OFFERS ITS OBEISANCES AND DEDICATES THIS ISSUE AT

HIS LOTUS FEET

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(Prem Samachar, Appendix, Shabda 2)

SELECTED BACHANS OF PARAM GURU HUZUR SARKAR SAHAB (3)

Weather was clear and Satsang began at the usual time. After the path, Sarkar Sahab said that He would take just a minute or two in mentioning an ordinary thing. Almost all the Saints and Mahatmas were pleased to adopt a householder's life. All the Incarnations etc. which came from Brahmanda also led a householder's life, e.g. Rama, Krishna etc. were all householders. Saints and Mahatmas who came from the Region of Pure Spirit or from regions near it, that is from Dasam Dwar or regions above it, all led a family life. But the view of the ordinary people of the world has been that one should search for Bheshdharis or those who put on ochre-coloured clothes. Wherever they see any such person, they take him to be a perfect sadhu, though these people are quite ignorant and absolutely unaware of paramartha. This is also according to Lord's Mauj, for people with good samskaras who are seekers of paramarth come to the Satsang of the Saints and Mahatmas somehow or other, while thousands of other worldly people come to have faith only in these same Bheshdharis. Such Bheshdharis are sort of sentries, otherwise people without Samskaras would crowd round the Saints and mahatmas, which is not desired, for the Saints and Mahatams like only those with good Samskaras to become their disciples. Saints and Mahatmas also draw only such jivas to themselves by such attitude and discourses as may help them to have faith in them but if any worldly person comes to them, they remove him just by means of their discourses and talk.

Once in the time of Nanak Sahab, a large crowd of people collected in His Satsang. Then, in order to test them, He said that He would like to take meat and instructed that meat be cooked and brought. On hearing this, half of the people immediately left and the others remained sitting there in the belief that Nanak Sahab had just said like that, but He would not actually eat it. But when Nanak Sahab again asked for meat and meat was cooked and brought, many of them left and when He was going to eat it, everybody else except the Gurumukh left. Nanak Sahab gave meat to the Gurumukh also. He took the meat with great eagerness and said that it was very good parshadi of the Guru. When he was about to put it in his mouth, Nanak Sahab stopped him and remarked that He simply wanted to test him, and that he was a perfect Gurumukh and then Nanak Sahab embraced him. Like this, Saints do sometimes put people to test.

The truth is that nobody is big or small in the court of Saints and there nobody is shown any special regard. Whoever puts up with their rebukes can alone stay there. Sometimes, the mind gets such shocks internally as only a true paramarthi can bear; otherwise ordinary people leave then and there.

Apart from India, there have been Avatars (Incarnations) in other countries also, e.g.

Lord Christ and Prophet Mohammed were also Incarnations. They too led a family life. One cannot achieve paramartha simply by putting on the outward appearance of a Sadhu etc., but worldly people continue to be influenced by the belief that one who lives in forests and mountains and uses ochre-coloured clothes is alone a Sadhu. Really speaking one should not come in contact with Bheshdharis. Their very look is very harmful; they are loaded with bad Karmas and, in fact, they are thousand times worse than at of householders. Only those who want to lead a free life and cannot put up with hardships of the worldly life generally become Bheshas. Whenever Saints and Mahatmas appeared in the world, only a few people had the good fortune of following their teachings and they made progress in paramartha. Only people who are true paramarthis and who sincerely seek the Saran (protection) of Saints are dear to them. Saints do not care at all for those who are absolutely indifferent to paramartha. The gates of Chaurasi are open for them. This world is like a forest in which thousands of wild beasts are roaming about here and there. In this forest the devotee should take each step carefully and cautiously to avoid these snakes and scorpions and guard himself against them. In the same way, he should pass his days protecting himself from them and keeping himself out of their way.

REGIONAL NEWS (April - June 2022)

Celebration of Bhandaras: The Bhandara of Param Guru Huzur Sarkar Sahab was celebrated on the 10thApril 2022 with love and devotion in the entire region.

Branch Satsangs & MPG Satsangs: By the Grace of Huzur Radhasoami Dayal, regular daily Satsangs have been taking place at all three Satsang Bhavans in the region, with 4 days of video transmissions in a week at London Satsang Ghar. Birmingham Satsang Ghar, Bensheim Satsang Ghar, Area Satsangs and MPGs in the region continued to receive video transmission of Sunday Morning Satsang from Dayalbagh.

Zonal Satsang: The 19th Zonal Satsang of DRSAE was celebrated on 4th and 5th of June with great zeal, enthusiasm, fervour and devotion in hybrid mode across the region, where Hamburg branch hosted programs LIVE from Bensheim Satsang Ghar and London and Birmingham branches participated from their respective Satsang Bhawans.

The Zonal Satsang event attracted all age groups with various items that included a SPHEEHA stall with updates about its activities and complementary germination seeds for guests, Mahila Association, an exhibition with special focus on evolution of Mahila Association activities in the region and sale of items prepared by Mahila Association, CRC-Superman exhibition where children expressed their views on their ambitions, a vibrant cultural programme, sports and a quiz. Highlights of the event included having a pre-Zonal item online with three themes, i.e. endurance with a special focus on motivating physical fitness. 'Enigma and Explorer' focussed on mental based challenges, with daily new items added for one week.

Mahila Association: All Mahila Association members from three branches were actively involved in preparation of various planning activities for Zonal Satsang. Hamburg Mahila Association carried out ongoing activities as scheduled for Zonal Satsang and continued the ongoing activities of Hindi lessons, knowledge sharing and skill development sessions. Mahila Association members made a wide variety of sale items, e.g. turban towels, fridge storage bags, prasad potlis, magnetic photo frames, crochet bags, coasters, woollen sweaters, bookmarks, tray covers.

CRC, Superman and student activities: Superman Scheme children continued to participate in March Past and self-defence PT in virtuous virtual reality mode. London children continued to participate in 'Students' Satsang held twice a month, 2nd and 4th Sunday. Children of all branches continued to take part in khet activities organised by their respective branches.

Open day: London Branch hosted an Open day on $11^{\rm th}$ June 2022 for the local community to visit the newly acquired Satsang Ghar. This was an excellent opportunity for the community to learn about Satsang culture and Radhasoami Faith. In total, 200

visitors attended including the local MP, office-bearers of the Council, local residents and former Christian worshippers at the Church.

The highlights of the day included

- DEI poster exhibition (of 50+ Posters) based on
 - o Great appreciation shown by the UGC expert committee, comments from other distinguished visitors (like Sam Pitroda)
 - $\circ Various$ publications in international journals of repute, patents received by DEI
- Guided tour of Satsang Bhawan that included
 - o Cardoned prayer area
 - o Health care PT by children of Sant Superman Evolutionary scheme in Sanskrit, Hindi and English languages
 - o "Hey Dayal" recording in Hindi, English, German and Sanskrit languages
 - o Sale of 3 specified books [Discourses on Radhasoami faith with

Supplement, Dayalbagh - Garden of Merciful (Pictorial presentation), DSC 2019 Souvenir-cum-Abstracts book)

oVideo of comments by Sam Pitroda on DEI

AAFDEI: Continuing the theme 'Where are the job opportunities?' and 'What skills are in demand?', two webinars were held during the quarter. On 24th April – 'Job Opportunities in Human Resources' and on 29th May – Job Opportunities in Teaching with prime focus on Primary, Secondary Schools and vocabulary courses, adult teaching.

SPHEEHA: Members of the region actively began involvement in the planning activities of the future event of SPHEEHA global tree planation drive. Some activities included painting and decorating the pots and initiating the seed germination process for various fruit plants like apple, pear, fig, lemon and lime. Few members made a short presentation to brief on gemination of seed to plant which aids others in learning the process.

Virtual birthday celebrations: By the immense Grace of Huzur Radhasoami Dayal, members of the Region were blessed with the opportunity to celebrate their birthdays / anniversaries via 2-way transmission mode.

Other: Branches prepared and issued biometric IDs for members of the region in accordance with Sabha guidelines. Both UK branches displayed decorations to commemorate Her Majesty's Platinum Jubilee in accordance with Sabha's advice.

International Agroecology Centre (ICA - New York)

ICA participated in the Joint Aquatic Sciences (JASM) conference in May 2022 and presented a paper titled "Biogeochemical Characterization of Upland and Wetland Soils_of Old Bridge, NJ, USA for an improved Ecosystem Stability and Sustainability". ICA has started a monthly student Satsang on the first Sunday of the month along with tour of the wetland. The construction of the ICA caretaker house is in progress with the architecture approved. A NJDEP wetland survey is in progress.

Information about the Overseas Bulletin

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