

RA-DHA-SVA-AAH-MI DAYAL KI DAYA RA-DHA-SVA-AAH-MI SAHAI

OVERSEAS BULLETIN

(QUARTERLY)



Dominus Illuminatio Mea

Let us work like humble servants of the Supreme Father.

Let us live like dutiful children of the Supreme Father and

Let us love each other like earnest devotees of the Supreme Father.

(Gracious Huzur Sahabji Maharaj)

Volume LV No. 3 Friday, 30 Sept 2022 (July-Sept 2022)

The Supreme Being likes humility. It is, therefore, desirable that one should first engage in such activities as may generate humility within him and humility can be acquired in the association of the Saints. Humility cannot be acquired in the association of Pandits and Bheshas who desire nothing but wealth and food nor would the Supreme Being be pleased thereby. He who wants to achieve this, should search for the Satguru of the time and perform devotion to Him and it is only then that the Supreme Being would be pleased with him. And as long as one does not come into contact with a Merciful Saint, he should not accept anybody else as his Guru.

(Extract: Param Purush Puran Dhani Huzur Soamiji Maharaj – Sar Bachan II Para 111)

Establishing of the Institution and the university is secondary. The PRIMARY OBJECT is imbibing the SATSANG CULTURE, and the following of its principles. I had occasion to see the manuscript of a speech of Sahabji Maharaj which even contained His signatures. In that speech in 1917, Sahabji Maharaj has defined some objects of the Ra-Dha-Sva-Aah-Mi Educational Institute, one of which is that all work and activities here should be based on Satsang principles. Teachers should, therefore, come and work in the college in that very spirit which they have in doing seva in Satsang. So we must at least keep in mind, the basic principles of Sastang. Never, never forget these principles.

(Extract: Param Guru Huzur Dr. M.B. Lal Sahab, DBH 10.6.1986)

But the primary object of Satsang for all of you who come here should never be forgotten. The spirit of Seva with which you came to Dayalbagh should not be forsaken. Seva and employment are two different things. Whatever opportunity of Seva is bestowed on you in Dayalbagh should be utilised with a sense of pleasure. Do not put up your terms and conditions. Whatever Seva comes your way, wherever it may be and whatever kind it may be, true Seva will be performed only when it is performed in the conditions in which you get it. If your material interest intervenes therein, the work you do will come in the category of employment. My request to you is that the spirit of Seva should become part of your nature.

(Extract: Param Guru Huzur Dr. M.B. Lal Sahab, DBH 15-4-1986)

ON THE AUSPICIOUS OCCASION OF THE BHANDARA OF
PARAM GURUHUZUR DR. M.B LAL SAHAB (10-07-22) AND
PARAM PURUSH PURAN DHANI HUZUR SOAMIJI MAHARAJ (19-08-22)
THE OVERSEAS BULLETIN OFFERS ITS OBEISANCES AND DEDICATES THIS ISSUE AT
THEIR LOTUS FEET

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(Sar Bachan Nazam, B. 35, S. 12)

Translation

The pitcher of my body (**Nij ghat**) has been filled with Love and my spirit has left the dirty Region of **Maya**. 1.

The nine openings (**dvaras**), kept me completely engaged in their activities but the tenth pulled me up and made me ascend towards it. 2.

The army of **Hamsas**, i.e. my inner Vrittis have fought bravely and **kala**, i.e. the mind has been vanquished and has turned its back towards me. 3.

Maya then came to tempt me and to shoot at me arrows of attraction in the form of wealth and infatuation. 4.

However I too began to bring into play ever-new fervour, and vanquished the vast army of Maya. 5.

Maya ran away from my path, and I left the **Malin Desh** behind. I bow at the Feet of the Satguru. 6

The Satguru caught hold of my arm and pulled me up into the **Gagan** (firmament). 7. On hearing the **Shabda** my spirit was emancipated, O my Merciful Sat Purusha! 8.

He showered His Grace and embraced me; by taking shelter in His Holy Feet I came under His protection. 9.

Knowledge of my countless past lives was revealed and the cycle of births and deaths was now eradicated. 10.

I obtained the wealth of unlimited love and faith and through victory over matter recognized the **Shabda** of **Trikuti**. 11.

On hearing this **Shabda** I was enabled to hear the **Shabda** of **Sat Loka**. The spirit then proceeded further and came into contact with the sound coming from its **Nij Dham** (Original Abode). 12.

How can I praise the Majestic Glory of Merciful Ra-Dha-Sva-Aah-Mi Who is all knowing! 13.

GRACIOUS DIRECTIONS FOR A DAILY PRAYER FOR ALL

PARAM GURU HUZUR DR. M.B. LAL SAHAB

In the evening Satsang on the 18th of January, 1981, Bachan No. 67 from Bachans of Huzur Mehtaji Maharaj Part II, which was delivered on 31st October 1961, was read. This Bachan was based on two Bachans of Huzur Sahabji Maharaj, one of 4th September, 1920 and the other of 13th September, 1920.

(Both these Bachans are recorded in the book "Bachan Part I" of Param Guru Maharaj Sahab, Param Guru Sarkar Sahab and Param Guru Sahabji Maharaj at Nos. 167 and 175 respectively.)

After the last binti was over, Gracious Huzur asked the Pathis to recite the last six but two lines of the last shabda in Prem Bilas. These lines were :-

तमन्ना यही है कि जब तक जिऊँ
चलूँ या फिरूँ या कि मेहनत करूँ ॥
पढ़ूँ या लिखूँ मुँह से बोलूँ कलाम
न बन आये मुझसे कोई ऐसा काम ॥
जो मर्जी तेरी के मुआफ़िक न हो
रज़ा के तेरी कुछ मुखालिफ़ जो हो ॥

[My only desire is that as long as I live, walk, work, read, write or speak, no such action or deed may be committed by me as would not conform to Thy wish and would be against Thy pleasure.]

After these lines had been recited, Gracious Huzur delivered the following discourse in Hindi. The English rendering whereof is as follows:-

"You have just heard a few lines of the Shabda composed by Param Guru Huzur Sahabji Maharaj. Before that a bachan of Huzur Mehtaji Maharaj was read. There were certain instructions for Satsangis in that bachan. These instructions appertained to the importance of mutual help among Satsangis and of the need of performance and proper completion of the Seva allotted to them. If these instructions are properly followed, and work done as mentioned in these six lines of the shabda, Grace will be forthcoming whenever times are hard and difficult or some distressing problems have to be faced. I feel that if every Satsangi recites these six lines from Prem Bilas everyday, and acts on them, he would be able to conform to the behest of Huzur as given in the bachan. I would therefore advise all of you that whenever you get time, not necessarily at the time of path in the morning, but at any time during the day, you must recite these lines. You may read it either silently and internally, or hum it in an undertone or sing it loudly just as it suits you".

(Extract: DBH No. 15 Dated 27-1-1981)

SELECTED BACHANS OF

PARAM PURUSH PURAN DHANI SOAMIJI MAHARAJ

186. The Holy Name which the Sant Satguru has openly given out cannot be found in the Vedas and the Sastras. He alone is the Sant Satguru who possesses that Holy Name though there are numerous people who put on coloured clothes and claim to be Sadhs and Saints. But they cannot be Sadhs or Saints; they simply eke out their livelihood in the name of Perfect Saints. He alone who is dear to the Saints could be able to attain Their Region and he alone who has love for and faith in Them would be dear to Them and love for and faith in Them can be achieved only through Seva and Satsang and through Their Grace. And the Name and the Region of the Presiding Deity of the Triloki would also be attained as a result of the performance of the practices taught by the Saints and through Their Grace and cannot be achieved by any other means in this Kalyuga.

187. He who has love for the Holy Feet of the Satguru does not like anything else except praising the exalted position of the Satguru and he who has faith in the Satguru does not see any fault in Him for if one sees any fault in the Satguru, his faith in Him would

be destroyed. One should therefore never allow his mind to find any fault with the Satguru. A person who has such an attitude is really the Gurumukh and it is he who would attain the Supreme Abode one day.

REGIONAL NEWS (July-September 2022)

Celebration of Bhandaras: The Bhandara of Param Guru Huzur Dr M.B. Lal Sahab was celebrated on the 10th July, 2022 and Bhandara of Param Purush Puran Dhani Huzur Soamiji Maharaj on 19th August, 2022 with love and devotional fervour in the entire Region.

Branch Satsangs & MPGs : By the Grace of Huzur Ra-Dha-Sva-Aah-Mi Dayal, daily Satsangs and seva took place at all three Satsang Ghars in the Region via audio and supervised video modes.

Zonal Bhandara: By the immense Grace of Huzur Ra-Dha-Sva-Aah-Mi Dayal some members of the Region were able to attend Bhandara of Param Purush Puran Dhani Huzur Soamiji Mahraj at Dayalbagh and took advantage of Darshan and abundant seva opportunities.

Mahila Association: DRSAE appointed a Regional Coordinator for the Mahila Associations to coordinate between Sabha and the Mahila Associations in the Region for the monitoring and reporting of information.

Mahilas of all three Branches continued their activities of skills development e.g. knitting, cooking workshops, Lathi PT, self-defence, Hindi and yoga classes. Birmingham Branch held knowledge sharing talks on Health care topics focused on 'Mental and Emotional wellbeing'. Hamburg branch started 'Humari Rasoi' to share cookery skills sessions with first one focused on children's Healthy Nutrition. London members prepared some mouth-watering pickles and chutney made from home grown apples.

CRC and Superman: Children from Europe Region availed the opportunity of interaction with the CRC children of Dayalbagh during the visit to Dayalbagh during August Bhandara. This included participation in CRC games with Dayalbagh children, self-defence and healthcare PT during morning and evening Satsang in the fields. A special tour of Dayalbagh was also organized by Dayalbagh CRC team for Europe Region children. They visited children's library, Pawan Kothi of Huzur Dr. M/B. Lal Sahab's (Bal Manovinod Kendra), Mansarovar garden and Gaushala. A consolidated CRC report for Europe Region was submitted to Sabha summarising activities for 2021-22. Hamburg branch celebrated the spirit of 'Children's book week' wherein children of all ages shared their favourite books and reasons why. London Branch children had an educational cum recreational outing to 'Bekonscot Model Village and Railway' and learnt a lot about English villages' typical structure with miniature railways and centuries old village life style.

AAFDEI: A webinar on 'Job Opportunities in Finance' was held on 24th July 2022, where skills and training required for job roles were covered, attended by 30 people across the Region.

- A kick-off briefing for mentors from DRSAE was held on 31st July, where the DEI MBA faculty Head also joined the call.

- o 8 mentors will be supporting 8 interns from DEI MBA faculty

- Counselling, CV support and job interview practice was provided to 5 people

- Assistance was provided to DRSAE members of the of DSC Organising Committee for the 4th International DSC conference held in Dayalbagh.

SPHEEHA: DRSAE members joined the SPHEEHA International Tree plantation event on 1st July 2022 from 5 hubs that included London, Birmingham, Bensheim Satsang Ghars and Amsterdam and Helsingborg Area Satsangs.

A talk was delivered by Prof. Dr. Anna Margaretha Horascheck, on 2nd July elaborating the issue of climate change, sustainability and highlighting cultural and sociological aspects in light of an internationally successful. Eco novel "The Hungry Tide" by Amitav Ghosh.

Online Bhent By Grace, many Satsangis took advantage of the opportunity of offering Online Bhent on the occasion of August Bhandara.

Initiation: Some members were Initiated in Dayalbagh and some members benefitted by receiving Second Updesh given through supervised video-conferencing mode from Dayalbagh.

NSC: 45th National and International Systems Conference (NSC) was jointly held with DSC 2022 with two interactions by DRSAE

- o Nutrition project - Volunteers from the Region presented an oral paper at the NSC on a nutrition project to improve the well-being of Children through lacto-vegetarian diet. The

paper was well received by the chairing persons. For the project 27 children aged between 4 years and 15 years participated.

- o Prof. Geoff Simms from the University of Edinburgh who was a panelist at the NSC (jointly held with DSC 2022) participated with the presence of 5 Initiated Satsangis from the Region who also presented him with an Award on behalf of DEI for receiving the Systems Society of India Lifetime Achievement Award.

DSC: The 4th International Dayalbagh Science of Consciousness Conference was held on September 26-29 in hybrid mode. The event was chaired and organised by 2 Satsangi Professors of Kiel University in Germany. The highlight of the conference was the Vision Talk of Most Revered Prof. Prem Saran Satsangi, delivered by President, DEI.

Some members from the Region were selected for contributed talks. Prizes for best papers and best poster awards at DSC 2022 were sponsored by DRSAE.

Virtual birthday celebrations: By the immense Grace of Huzur Ra-Dha-Sva-Aah-Mi Dayal, members of the Region were blessed with the opportunity to celebrate their birthdays/anniversaries via 2-way transmission with Dayalbagh.

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For further information, please contact Pbn. Shashikala Panchagnula, 165 Gadebridge Road, Hemel Hempstead, HP1 3EP, England.

Telephone: 44(0)1442 250049 /44(0)7737862498. Email: overseasbulletineditordrsae@gmail.com